

SURVIVE, REVIVE AND THRIVE

Secondary School



CLICK ON THE TITLES TO OPEN THE EXTERNAL LINKS -

- [Twinkl Resources - Transition](#)
- [Transition for Autistic Pupils](#)
- [Memory Exercises](#)
- [Visual \(easy read\) Covid-19 Resources](#)
- [PHW Covid-19 Poster](#)
- [Wellbeing Journal](#)
- [Returning to School](#)
- [Remote Support Toolkit](#)
- [Cardiff City FC Digital Resources](#)
- [Stress on the Brain](#)
- [Implementing Therapeutic Strategies Within Educational Settings](#)
- [Understanding Attachment in Educational Settings](#)

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CLICK ON THE TITLES TO OPEN THE EXTERNAL LINKS -

- [Using Therapeutic Strategies to Manage Behaviour that Challenges Us](#)
- [Supporting Staffs Mental Health in Schools](#)
- [Supporting Your Family's Sleep - Please Share This With The Families You Work With](#)
- [The Role of the Mental Health Lead](#)
- [Gangs and Violence: Supporting Students](#)
- [Domestic Abuse and The Impact On Children: What Can Schools Do?](#)
- [What Is a Whole School Approach?](#)
- [Back to School Toolkit](#)
- [The Impact of Covid-19 on Mental Health in the Education Sector](#)
- [Future Me Workbook](#)

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CLICK ON THE TITLES TO DOWNLOAD
THE PDF RESOURCES -

- [Preparing for Secondary School](#)
- [The 5 Cs](#)
- [Learning Happens When...](#)
- [Teaching Tips](#)
- [I Can Only Learn When...](#)
- [I Can Only Be Sure I Have Understood You When...](#)
- [I Can Only Attend When...](#)
- [I Am Telling You I Need Something When...](#)
- [Tips For Organisation Skills](#)